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Article 1	<b>Equipment</b>
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- approved 10 oz. boxing-gloves
- gumshield
- cup
- thai- kick- K-1 shorts

Article 2	<b>Fighting classes K-1</b>
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The fighters are divided according to their performance into the following fighting classes:

- D-Class: 2 x 2 Min., 1 Min. break
- C-Class: 3 x 2 Min., 1 Min. break
- B-Class: 3 x 3 Min., 1,5 Min. break - Tournament fights
- B-Class: 5 x 2 Min., 1 Min. break - One-match fights
- A-Class: 3 x 3 Min., 1 Min. break - Tournament fights
- A-Class: 5 x 3 Min., 1,5 Min. break - One-match fights

Article 3	<b>Weight Divisions Amateur</b>
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Mini Flyweight	-45 kg
Junior Flyweight	-48 kg
Flyweight	-51 kg
Bantamweight	-54 kg
Featherweight	-57 kg
Lightweight	-60 kg
Junior Welterweight	-64 kg
Welterweight	-67 kg
Lighthmiddleweight	-71 kg
Middleweight	-75 kg
Ligtheavyweight	-81 kg
Cruiserweight	-86 kg
Heavyweight	-91 kg
Superheavyweight	+91 kg

Article 3	<b>Weight Divisions Professional</b>
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Mini Flyweight	-47,62 kg / 105 lbs
Junior Flyweight	-48,99 kg / 108 lbs
Flyweight	-50,80 kg / 112 lbs
Junior Bantamweight	-52,16 kg / 115 lbs
Bantamweight	-53,52 kg / 118 lbs
Junior Featherweight	-55,34 kg / 122 lbs
Featherweight	-57,15 kg / 126 lbs
Junior Lightweight	-58,97 kg / 130 lbs
Lightweight	-61,24 kg / 135 lbs
Junior Welterweight	-63,50 kg / 140 lbs
Welterweight	-66,68 kg / 147 lbs
Junior Middleweight	-69,85 kg / 154 lbs
Middleweight	-72,58 kg / 160 lbs
Super Middleweight	-76,20 kg / 168 lbs
Lightheavyweight	-79,38 kg / 175 lbs
Superlightheavyweight	-82,55 kg / 182 lbs
Cruiserweight	-86,00 kg / 190 lbs
Heavyweight	-95,00 kg / 209 lbs
Superheavyweight	+95,00 kg / 209 lbs

Article 4	<b>Fighting outfit and equipment</b>
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The only costume that fighters may wear is kick pants (the length is from waist to above-knee). Any costume, the length reaches beneath knees such as long leggings, Karate costumes, or Taekwondo costumes are prohibited regardless the materials. Also upper body, above waist cannot be covered with any kind of material.

Any attire, which may cause injury to opponents or reduces any damage to the fighter, shall be prohibited.

Article 5	<b>Allowed techniques</b>
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- All boxing techniques
- Kicks: Front kicks, low kicks, middle kicks, high kicks, side kicks, back kicks, inner thigh kicks, jumping kicks, and knee kicks.

Article 6	<b>Forbidden techniques</b>
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- hitting with the palm (inside of the hand)
- kicks into the genitals
- throwing techniques
- backspin blow
- speaking during the fight
- headers
- spitting out the gumshield
- continuous hitting after interruption of the fight or when the opponent is on the ground (with both knees or ellbows)

Article 7	<b>Decisions</b>
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- KO      Knock Out
- TKO     Technical KO
- DRAW   DRAW
- SUR     victory through giving in of the opponent.
- DOD     Doctor decision.  
             The doctor can stop the fight anytime and after having checked the fighter also stop the fight.
- RSC     Referee stop contest.  
             Also the referee can stop the fight at anytime.

Article 8	<b>Doctor's checkup</b>
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Before each fight the fighter has to be checked for his fitness and "fightcapability" through a doctor.

If the doctor ascertains that the fighter is not able to fight because of illness, doping etc. the fighter is banned from the fight. Against this decision one cannot take legal steps.

If a fighter was doped, he has to pay all the costs (travelling, hotel and fighting fees of the opponent and a compensation for the organiser) immediately.

The doctor also has the right to organise a doping checkup after the fights. If a fighter refuses to have such a checkup, his victory can be reprimed.

Article 9	<b>Doping (breach)</b>
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The obligations from the international policies against doping are valid for the fighters, trainers, the doctors and all the other carers. Doping is detected through forbidden substances in the urin or blood of the fighter or through refusal to have such a check-up, tempting others or manipulating a doping check-up internally and externally of the fight. The breach leads to a disqualification of the fighter, who has to pay all the costs.

In case of the the very first doping abuse the fighter is banned for 6 months, in the second case for 12 months and in a third case for good.

Furthermore the fighter loses his ranking and if he is in possesion of any titles, he loses them, too.

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**Doping Control**    World Anti Doping Control    <http://www.wada-ama.org/en/>

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